

# Certificate of Completion

#### THIS CERTIFIES THAT

# CALEB FELLOWES

has participated in the following education session:

## Oral Care Part A

Presenter Cheryl Dezotti

Educator/ Nurse Consultant of The Nursing CPD Institute

In this session you will:

- Learn the four key steps in the process for oral hygiene
- Gain information regarding common lip, gum and mouth complaints associated with oral hygiene
- Learn specific methods for accessing and cleaning teeth and removing and replacing dentures in the older adult
- Learn what should be included in the daily oral hygiene checks for older adults

## Completed on

15 April 2019 (duration of 1 hour/s)

This equates to 1 CPD Hour/s (Continuing Professional Development)

#### REFLECTION:

More aged care residents have their natural teeth. Many residents take medications that contribute to dry mouth. The onset of major oral health problems takes place well before an older person moves into residential aged care. As residents become frailer and more dependent, they are at high risk of their oral health worsening in a relatively short time if their daily oral hygiene is not maintained adequately. A simple protective oral health care regimen will maintain good oral health.

Cheryl Dezotti

Director of the Nursing CPD Institute

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Nursing CPD Institute

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