

Certificate of Completion

THIS CERTIFIES THAT

CALEB FELLOWES

has participated in the following education session:

Growing Together

Presenter Christine Baxter

Midwife and Women's Health Educator of Women's Health Queensland Wide

In this session you will:

- Increase your ability to encourage the pregnant women you support, to have a positive mindset and relationship with their baby while still pregnant.
- Increase your confidence to discuss mental health and wellbeing with pregnant clients.
- Help pregnant women understand why their body changes the way it does whilst their baby grows.
- Be provided practical suggestions and advise to assist pregnant women to practice basic mindfulness to nurture and develop
 Click here for printable instructions on how to attend a live webinar>>

Completed on

10 April 2019 (duration of 1 hour/s)

This equates to 1 CPD Hour/s (Continuing Professional Development)

REFLECTION:

Pregnancy can be an exciting and challenging time. In this webinar Women's Health Queensland Wide educator, Christine, explores some of the experiences about growing babies and their impact on women's bodies.

Cheryl Dezotti

Director of the Nursing CPD Institute

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Nursing CPD Institute

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