



Australian Nursing & Midwifery Federation
Continuing Professional Education

This is to certify that

Caleb Fellowes

completed an online educational tutorial and assessment with the

Australian Nursing and Midwifery Federation

on 19th December, 2020

Diabetes and Diet

A healthy diet can help prevent, control, and in some circumstances even reverse diabetes. This course will also look at diabetes, glycaemic index and the prevalence of diabetes in Australia.

Understanding of the prevalence of Diabetes in Australia and globally

Types of Diabetes


The effects of nutrition on Diabetes

Understanding of the Glycaemic Index

Overview of a tailored approach to dietary Diabetes management

Knowledge of the best foods to include in the diet of a Diabetic

1 CPE Hours


Federal Education Officer



www.anmf.org.au/cpe